

February 4 2015

### Protective Equipment Requirements for JKA Tournaments.

TYPE	DIVISION	SAFETY GEAR
Gohun Kumite	Nil kyu - 7th kyu - White to Orange	Mouth guard
Kihon Ippon Kumite	6th Kyu – 4th Kyu - Green to Purple	Fist Protection Mitts, Mouth guard
Jiyu Ippon Kumite	Brown Belts - 3rd Kyu – 1th Kyu Males & Females - All ages.	Fist Protection Mitts, Mouth guard, Body & Chest protector
Jiyu Ippon Kumite	Black Belts 8 and under Males & Females	Fist Protection Mitts, Mouth guard, Body & Chest protector
Free Sparring Shobu Ippon Kumite	Black Belts 9,10, 11, 12 years old Males & Females	Fist Protection Mitts, Mouth guard, Body & Chest protector
Free Sparring Shobu Ippon Kumite	Black Belts 13, 14, 15 years old Males & Females	Fist Protection Mitts, Mouth guard, Body & Chest protector
Free Sparring Shobu Ippon Kumite	Black Belts 16, 16, 18, 19, 20, 21 year old Males & Females	Fist Protection Mitts, Mouth guard, Body & Chest protector
Free Sparring Shobu Ippon Kumite	Black Belts 22 & above Females	Fist Protection Mitts, Mouth guard, Body & Chest protector
Free Sparring Shobu Ippon Kumite	Black Belts 22 & above Males	Fist Protection Mitts, Mouth guard
<b>NOTE: 1. MOUTH GUARDS MUST BE TRANSPARENT. NO COLOURED MOUTH GUARDS ALLOWED PER JKAHQ GUIDELINES. 2. ONLY WHITE SOFT PADDED AND JKA APPROVED MITTS CAN BE USED. NO COLOURED OR BOXING TYPE GLOVED ALLOWED. 3. IF ANY COMPETITOR DOES NOT HAVE THE NECESSARY SAFETY EQUIPMENT THEY WILL HAVE 2 MINUTES TO CORRECT THE SITUATION. FAILING TO DO SO WILL RESULT IN THEM NOT BEING ALLOWED TO COMPETE IN THE ABOVE KUMITE DIVISIONS.</b>		